

CLAIMS**1. A composition comprising the components:**

5 - an extract of a deep sea fish; and
 - an extract of rooibos (*aspalathus linearis*); and
 - optionally an extract of bearberry (*arctostaphylos uva-ursi*);

as active components thereof; and

10 - optionally one or more fillers or ancillary agents conventionally used in the formulation of compositions.

15 **2. A composition according to claim 1, wherein the active component bearberry (*arctostaphylos uva-ursi*) is omitted.**

3. A composition according to claim 1 comprising:

20 - an extract of deep sea fish;
 - an extract of rooibos (*aspalathus linearis*); and
 - an extract of bearberry (*arctostaphylos uva-ursi*).

25 **4. A composition according to any of the claims 1 - 3 further comprising one or two components selected from the group comprising a horsetail extract (*equisetum arvense L.*) and a shellfish extract.**

5. A composition according to any of the claims 1 - 4 further comprising diacetyl boldine.

30 **6. A composition according to any of the preceding claims, wherein the composition is in a form suitable for oral administration, such as a tablet, a capsule, a lozenge or a sachet.**

7. A composition according to any of the claims 1 – 5, wherein the composition is in a form suitable for topical administration to the scalp, such as a lotion, a cream, an emulsion, a foundation, a shampoo, a rinse, a hair liquid, a set lotion or a hair tonic.
- 5 8. A composition according to claim 2 or 3 in the form of a tablet intended for daily dosage, especially for cosmetic treatment of the skin and further comprising suitable ancillary agents and fillers as well as coating agents.
- 10 9. A method for the preparation of a composition according to any of the preceding claims, wherein the active components are mixed and via the conventional fillers or ancillary agents, if present, are formulated into the form suitable for the administration desired.
- 15 10. A method for the cosmetic treatment of age-related dermatological symptoms by administering an effective amount of a composition according to any of the claims 1 – 8 to a subject in need thereof.
11. A method according to claim 10 for the treatment of wrinkled and/or aged skin.
- 20 12. A method according to claims 10 for the treatment of hair loss.
13. A composition according to any of the claims 1 – 8 for use as a medicament.
- 25 14. Use of a composition according to any of the claims 1 – 8 for the preparation of a medicament for the treatment of dermatological conditions.